



A-C-T TRANSFORMATION STRATEGY



A - 5 COMMON REASONS FOR BEING STUCK



C -STRATEGY ONE: 5 TAKE ACTION NOW TRUTHS

T - BREAKOUT: WHICH CLUTTER TRUTHS SPEAK TO ME?



C -STRATEGY TWO: LET GO, REDEFINE, EMPOWER



T - BREAKOUT



STRATEGY THREE: THREE-DAY RULE



T - BREAKOUT

NOTES



KEY TAKEAWAY

FIRST ACTION STEP I'LL TAKE